

# A cost comparison of mesh usage in laparoscopic paraesophageal hernia repair

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## Background

- Use of absorbable mesh in paraesophageal hernia (PEH) repair has been shown in several studies to decrease recurrence rates in the short term
- Several biomaterials including ALLERGAN ALLODERM Regenerative Tissue Matrix and ALLERGAN STRATTICE Reconstructive Tissue Matrix have been shown to reduce hernia recurrence rates to 15–20%
- Introduction of the absorbable GORE® BIO-A® Tissue Reinforcement has shown similar outcomes to ALLERGAN STRATTICE Reconstructive Tissue Matrix and to ALLERGAN ALLODERM Regenerative Tissue Matrix
- This has resulted in an increased utilization of GORE® BIO-A® Tissue Reinforcement
- The aim of this study was to compare costs of the GORE® BIO-A® Device, ALLERGAN ALLODERM Device, and ALLERGAN STRATTICE Device in relation to the outcomes in terms of length of stay and recurrence rate following PEH repair
- Using this data, we also seek to determine whether cost difference should be a determining factor in the type of mesh used

## Methods

- We performed a retrospective analysis of patients who underwent PEH repair at our institution between December 2004 and June 2014
- Previously published analysis from our institution has shown that while absorbable mesh has a lower radiologic recurrence rate than primary repair, recurrence does increase with time
- Despite this, symptom resolution is maintained in patients who undergo mesh repair compared with primary crural repair without mesh
- For our analysis, we compared the cost of individual meshes and outcomes in terms of length of stay and one-year recurrence rate

## Results

- 227 patients underwent PEH repair with mesh
  - ALLERGAN ALLODERM Regenerative Tissue Matrix – 157 patients
  - ALLERGAN STRATTICE Reconstructive Tissue Matrix – 35 patients
  - GORE® BIO-A® Tissue Reinforcement – 35 patients
- All patient groups were matched for confounding factors
- Recurrence rates and outcomes were similar in all groups – Overall recurrence rate was 12%
- No erosions or complications were observed with the use of any mesh
- No difference was observed in hospital length of stay

## Disclosure and Acknowledgements

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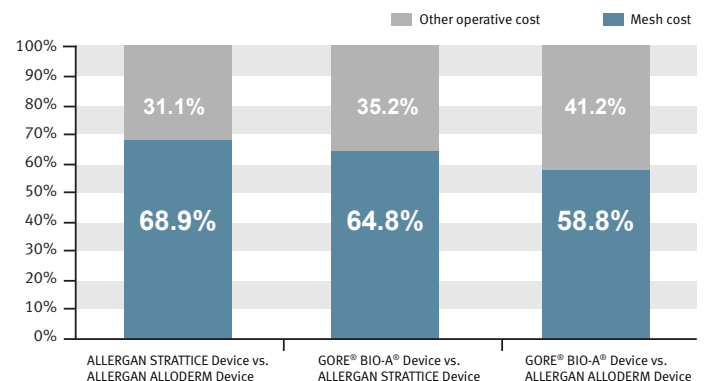
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## Mesh comparison

**Table 1. Mesh Comparison.** Only age significantly differed between mesh groups; all other basic demographics were non-significant. Importantly, both LOS and one-year recurrence did not differ by mesh utilized.

	ALLERGAN STRATTICE Reconstructive Tissue Matrix	ALLERGAN ALLODERM Regenerative Tissue Matrix	GORE® BIO-A® Tissue Reinforcement	p-Value
<b>Number of patients</b>	35	157	35	
<b>Age</b>	63.1 ± 12	59.1 ± 13.9	58.6 ± 13.7	0.001
<b>Gender</b>				
Male	9 (25.7%)	67 (42.7%)	17 (48.6%)	0.111
Female	26 (74.3%)	90 (57.3%)	18 (51.4%)	
<b>BMI</b>	30.8 ± 6.3	30.0 ± 5.7	29.6 ± 4.14	0.684
<b>Fundoplication</b>				
Nissen	29 (82.9%)	142 (90.4%)	28 (80%)	0.431
Toupet	5 (14.3%)	12 (7.6%)	6 (17.1%)	
Dor	1 (2.9%)	2 (1.3%)	1 (2.9%)	
<b>LOS</b>	1 (1–2)	1 (1–2)	1 (1–2)	0.082
<b>Recurrence (one-year)</b>	5 (14.3%)	19 (12.1%)	2 (5.7%)	0.560
<b>Mesh cost comparison</b>				
<b>Mesh cost</b>	\$1,202	\$783	\$483	–
<b>Average operative cost</b>	\$7,000	\$6,480	\$5,890	–

**Figure 1. Overall cost difference attributable to mesh choice.** Of the cost difference between surgeries using different meshes, the cost of the mesh itself was the largest contributing factor.



## Conclusions and future directions

- Our study shows that while the outcomes of the three mesh groups were similar in a matched patient cohort, there was significant difference in the mesh cost, increasing the overall operative cost
- While surgeon and hospital preference still plays a role in choosing the type of mesh used, knowledge of the individual mesh cost will help surgeons make more informed decisions in the future

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